

	Menu Dates	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	October 9 – 13 October 23 – 27 November 6 – 10 November 20 -24 December 4 – 8 December 18 -22 January 15 – 19 January 29 – Feb. 2 February 12 – 16 February 26 – March 2	Hamburger or Chicken Burger Served with Veggies & Dip	Soft Beef Taco with Rice and Corn	Spaghetti with Meatballs and Garlic Breadstick or Side Caesar Salad	Pancakes Served with side of Fruit	BBQ Chicken Drumstick Served with Mashed Potato and Veggies
	October 2 – 6 October 16-20 Oct. 30 – Nov. 3 November 13 – 17 November 27 – Dec 1 December 11 – 15 January 8 – 12 January 22 – 26 February 5 – 9 February 19 – 23 March 5 - 9	Chicken Tatter Bowl (Mashed Potato, Chicken, corn and Gravy in a bowl) with a side of Fruit	Chicken Fingers or Nuggets and Dip served with Baked Potato Wedges	Macaroni and Cheese Served with a Roll or Carrot sticks and Dip	Sweet & Sour Meatballs with Rice and Mixed Vegetables	Fun Fuel Pack: Ham Deli Slice, Cheese and Crackers, Fruit and a Mini Dessert

Every Day Favorites!

Pizza Slice \$3.00, Grilled Cheese \$3.00, Hamburgers \$3.00, 1/2 Garlic Fingers \$2.50

Meal Price: \$4.35
Meal including Milk \$4.75
Meal including Juice (114ml): \$5.00

Sandwiches (Pre order):
Egg Salad \$3.25
Chicken Salad \$3.50
Ham & Cheese Sandwich \$3.50
Chicken Snack Wrap \$3.25

Drinks:
White Milk (250 ml) \$0.40
Chocolate Milk (250 ml) \$1.80
Juice (114 ml) \$0.65
Juice (300 ml) \$1.75
Box Juice (200 ml) \$1.25
Water (500 ml) \$1.50

Salads (pre order):
Caesar Salad \$3.25
Garden Salad \$3.25
Chicken Caesar Salad \$4.00

Hot Grab & Go:
Baked Fries/Wedges \$2.75
Chicken Burger \$4.00
Cheeseburger \$3.75
Pizza Pocket \$3.25
French Bread Pizza \$2.75
1/2 Garlic Fingers \$2.50
Full Garlic Round \$4.25

Snacks:
Popcorn (Wed only) \$1.25
Veggies and Dip \$1.50
Low Fat Cookie \$0.75
Rice Krispy Square \$0.80
Muffins \$1.00
Fresh Fruit \$1.25
Fruit Cup \$2.00
Apple Slices & Caramel Sauce \$2.50
Pudding Cup (180ml) \$1.75
Baked Chips \$1.75
Yogurt \$1.25
Cinnamon Bun \$1.50
Chapman's Frozen Yogurt Cup \$1.25

